

SmartMoves®

ENGAGES YOUR EMPLOYEES IN

A LIFE of Wellness

Your Company's Key to Higher Productivity
Your Employees' Key to Better Health



SmartMoves® is a simple-to-administer suite of employee incentive-driven wellness and healthy-living programs:

- Weight Loss Programs
- Exercise Programs
- Smoking Cessation
- Off-site Health Club Participation Programs
- Smart Patient Medical Treatment Programs
- Smart Patient Disease Prevention Programs
- Smart Diet Nutritional Programs
- Walking Programs
- In-house Yoga / Pilates Programs



SmartMoves® will:

- Instill employee responsibility for their personal wellness
- Increase employee loyalty and morale
- Enhance employee productivity
- Instill a “team” attitude in the workplace

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